



Melomist Massage Therapy

Customized Balance Massage 60min/\$1180 90min/ \$1380

A personalized massage designed to restore harmony between body and mind in the moment. Flowing, long strokes encourage the body to unwind and relax, while focused techniques help ease areas of deeper muscular tension. Gentle, circulation supportive movements are incorporated to promote a refreshed, lighter feeling, with pressure and focus thoughtfully adapted to your individual needs that day.

This restorative experience may help soothe physical tightness, encourage relaxation, and create a calmer, more grounded state of mind. Whether you arrive needing stress relief, targeted muscle care, or simply time to reset, each session is tailored to support your comfort and overall sense of well-being.

Mother to be Prenatal Massage 75min/\$1280

During pregnancy the body undergoes numerous changes physically as well as physiologically and spiritually that can cause stress and discomfort. Melomist Mother to be Massage start with gentle pressure points to loosen tired muscles and long strokes massage movement to relax and calm the mind and body.

Note: Massage is intended for relaxation and general wellness and is not substitute for medical care.