



## Melomist Massage Therapy

### Deep Calming De-Stress Massage 60min / 90min \$780 / \$1,080

After a long and stressful day, unwind with a carefully blended Vetiver, Bergamot and Chamomile essential oil massage. To balance body and mind by unwinding and relaxing the body using long stroke massage techniques to soothe away body tension. Its calming flowery citrus aroma gently encourages relaxation and prepares you for a good restful sleep.

### Deep Muscle Relief Massage 60min / 90min \$880 / \$1,180

This cooling and analgesic oil blend supports the natural recovery of the muscles following intense exercise or chronic muscle stiffness. Arnica, Peppermint, Rosemary Essential oils have strong anti-inflammatory properties. It promotes healthy circulation and deep tissue relaxation. Deep kneading massage techniques reach the deeper layer of muscles to ease muscle tension.

### ❖Signature -Jade Hot Stone Invigorating Massage 60min/90min \$980/\$1,280

The Chinese revered Jade for its ability to bring about health, wealth, and longevity. Massage involves specially crafted Jade stones to aid in detoxification by strengthening the body's filtration and cleansing systems, Boost the immune system and stimulate Qi-what the Chinese call 'Life force'.

### Muscle Release – Sport Treatment 60min /90min \$980 / \$1,280

This treatment is fuel to keep up your hard work. Muscles are sore and aching from training or exercising. Pre blended essential oils, ointment cream and unique massage techniques to ease muscle tension also the localised Infra red light will help to soothe tired muscles.

### **Add an extra indulgence to your treatment**

Add to any massage

- ◆Express skin booster 30min / \$580
- ◆Simply a body scrub 30mins / \$480